



32 Etiquette Rules That Will Help Your Child To Be Heard In A Noisy World

Greetings and Farewells

1. Greet someone by name if you know and ask if you don't
2. Don't be afraid to ask again if you have forgotten
3. Always look them in the eye
4. Add positive comments to the conversation - E.g, "What a pleasure to run in to you."
5. Whether at parties, playdates, or Grandma's house, end with "Thanks for having me"
6. Ask "How are you..." and wait for the answer
7. Remember details and practice active listening

Physical Space

8. Be aware of the surrounding: Stop and Look
9. Keep hands off the glass
10. Don't grab
11. Use signals like "Red Light, Yellow Light, Green Light" to control movements without yelling

Eating (at the table!)

12. Eating off of someone else's plate-even Mom's-isn't a good idea
13. Don't forget house rules
14. Take a no-thank-you-bite of something you don't like
15. Offer help to the host - be it to set or clear the table or dry the dishes.
16. Napkin in your lap/Elbows off the table... usually
17. Don't reach, politely ask for something to be passed
18. Ask to be excused from the table

Hooray, Presents! (And Other Party/Guest Etiquette)

19. Be discreet in passing out invitations and talking about the party unless everyone is invited.
20. When invited to a party, remember to RSVP
21. Be a good guest or a good host
22. Say thank you instead of blurting out "I already have this" or "I didn't want this" ...
23. Find one nice thing to say about the gift
24. Remember to end the party with "Thank you for coming" / "Thank you for having me"
25. Send thank you notes for the presents

Interacting with adults

26. Wait to be spoken
27. Identify the break in the conversation before interrupting
28. Identify if the issue is interruption-worthy

Phone/Technology Etiquette

29. Words can hurt. Mind your words (prevent unintentional cyber/phone bullying)
30. Only send things that you wouldn't mind becoming very public
31. Put your phone away in social situations
32. Use hand signals to avoid phone interruptions

We commit to making the following a habit in our family this week
